

2011 USATF Masters 5k Cross Country Championships - 10/22/2011
 And Can/Am XC Challenge
 Centre Park - Perinton, New York
 Results

Master Women Top 10 Age Graded

1	1	Martin, Kathryn	60	Northport Ru	21:10.31	16:12.68	91.32%
2	1	Samuelson, Joan	54	Livestrong	20:20.67	16:54.50	87.49%
3	1	McCoubrie, Doreen	49	Athena	19:43.93	17:28.49	84.72%
4	2	Myette, Suzanne	54	The Finger L	21:09.90	17:35.42	84.10%
5	3	Steele, Karen	54	Tamalpa Runners	22:05.04	18:21.25	80.60%
6	1	Harrison, Grace	65	Playmakers Racing	25:47.89	18:20.86	80.69%
7	3	Steele, Karen	54	Tamalpa Runners	22:05.04	18:21.25	80.60%
8	2	Steinbach, Coreen	60	Niagara Unattached	24:11.89	18:31.72	79.90%
9	1	Parsi, Carrie	72	Liberty Athl	29:32.41	18:45.31	78.93%
10	2	Dolan, Sharon	69	Playmakers Racing	28:15.80	18:52.12	78.43%

Women 30-34 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Age-Grading	Points
Results - Women 30-34					
1	Krichbaum, Allison	31	Syracuse TC Open I	33:45.26	33:43.04 43.90%

Women 40-44 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Age-Grading	Points
Results - Women 40-44					
1	Fakterowitz, Amy	43	Checkers AC	20:52.57	19:42.18 75.13%
2	Duberry, Rebecca	41	Genesee Vall	21:04.31	20:12.10 73.24%
3	Bushallow, Mary	40	Syracuse TC	21:30.59	20:45.81 71.29%
4	Naujokas-Knapp, Audra	42	Genesee Vall	21:55.39	20:51.60 70.93%
5	Randell, Elizabeth	44	Checkers AC	22:17.81	20:51.53 70.94%
6	Weiler, Michelle	44	Genesee Vall	22:35.71	21:08.27 70.00%
7	King, Julie	44	unattached	22:44.13	21:16.15 69.57%
8	Schnuerch, Angela	44	Niagara Unattached	23:05.65	21:36.28 68.49%
9	Kraebel, Kim	42	Finger Lakes	23:48.78	22:39.49 65.30%
10	Ingall, Karen	41	Finger Lakes	25:56.67	24:52.39 59.49%
11	Carroll, Catherine	44	Checkers AC	26:52.13	25:08.15 58.87%

Women 45-49 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Age-Grading	Points
Results - Women 45-49					
1	McCoubrie, Doreen	49	Athena	19:43.93	17:28.49 84.72%
2	Miller, Sheryl	48	Houston Elit	21:08.01	18:56.78 78.15%
3	Hayden, Kathleen	46	Genesee Vall	21:16.55	19:30.73 75.83%
4	Hankin, Julie	47	Athena	21:34.95	19:34.65 75.60%
5	Arlington, Judy	45	Checkers AC	21:47.89	20:11.90 73.25%
6	Bischoff, Maureen	45	Genesee Vall	22:48.39	21:07.96 70.01%
7	O'Loughlin, Joann	45	Checkers AC	22:49.64	21:09.11 69.95%
8	Lembo, Amy	47	Genesee Vall	23:58.83	21:45.17 68.04%
9	Klein, Christine	47	Genesee Vall	25:30.11	23:07.97 63.98%
10	Sedgwick, Laurie	49	Finger Lakes	27:52.19	24:40.90 59.98%

Women 50-54 5000 Meter Run Master-Indiv

Name	Age	Team	Finals	Age-Grading	Points
Results - Women 50-54					
1	Samuelson, Joan	54	Livestrong	20:20.67	16:54.50 87.49%
2	Myette, Suzanne	54	The Finger L	21:09.90	17:35.42 84.10%
3	Steele, Karen	54	Tamalpa Runners	22:05.04	18:21.25 80.60%
4	Biaggi, Linda	51	unattached	22:22.04	19:19.26 76.60%
5	Tily, Lorrie	50	The Finger L	23:12.99	20:18.45 72.86%
6	Yanai, Ruth	53	Syracuse Track Club	23:22.83	19:41.19 75.21%
7	Zygo, Marilyn	54	Genesee Vall	24:58.27	20:45.22 71.28%
8	Roberts, Marty	54	Finger Lakes	26:03.94	21:39.80 68.29%

9 Willis, Katherine	53 unattached	26:25.66	22:15.13	66.53%
10 Ames, Sharon	54 Syracuse Track Club	26:42.19	22:11.59	66.66%
11 White, Marie	51 Genesee Vall	27:25.32	23:41.23	62.48%
12 FickBohm, Jill	51 Finger Lakes	28:05.15	24:15.64	61.00%
13 Austin, Ann	52 Syracuse TC	28:20.42	24:10.29	61.22%
14 McCullough, Janine	52 Niagara Unattached	29:23.64	25:04.21	59.03%

Women 55-59 5000 Meter Run Master-Indiv

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Name	Age Team	Finals	Age-Grading	Points
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Results - Women 55-59

1 Utzschneider, Catherine	56 Liberty Athl	23:19.01	18:52.22	78.41%
2 Christo, Therese	57 Genesee Vall	23:49.70	19:01.48	77.78%
3 Moore, Sharon	57 Genesee Vall	23:51.13	19:02.62	77.70%
4 Meyer, Katie	55 unattached	24:09.13	19:48.58	74.73%
5 Franck, Zsofia	58 The Finger L	24:52.43	19:35.29	75.58%
6 Dodge, Carol	55 Syracuse Track Club	25:23.74	20:49.78	71.08%
7 Diaz- Burgos, Carrmen	58 unattached	26:41.37	21:01.08	70.44%
8 Weinpress, Eileen	57 Niagara Unattached	27:30.29	21:57.60	67.38%

Women 60-64 5000 Meter Run Master-Indiv

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Name	Age Team	Finals	Age-Grading	Points
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Results - Women 60-64

1 Martin, Kathryn	60 Northport Ru	21:10.31	16:12.68	91.32%
2 Steinbach, Coreen	60 Niagara Unattached	24:11.89	18:31.72	79.90%
3 Smith-Hanna, Carolyn	61 Genesee Vall	25:08.95	18:58.96	77.93%
4 Ingalls, Cindy	60 Genesee Vall	25:17.58	19:22.02	76.44%
5 Herrick, Jeanne	60 Genesee Vall	27:10.26	20:48.30	71.15%

Women 65-69 5000 Meter Run Master-Indiv

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Name	Age Team	Finals	Age-Grading	Points
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Results - Women 65-69

1 Harrison, Grace	65 Playmakers Racing	25:47.89	18:20.86	80.69%
2 Dolan, Sharon	69 Playmakers Racing	28:15.80	18:52.12	78.43%
3 Thelen, Ruth	67 Playmakers Racing	29:26.16	20:17.60	72.93%

Women 70-74 5000 Meter Run Master-Indiv

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Name	Age Team	Finals	Age-Grading	Points
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Results - Women 70-74

1 Parsi, Carrie	72 Liberty Athl	29:32.41	18:45.31	78.93%
2 Nitz, Ellen	71 Playmakers Racing	31:50.17	20:33.59	71.98%
3 Knight, Merion	74 Playmakers Racing	32:32.27	19:56.94	74.17%

Women 75-79 5000 Meter Run Master-Indiv

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Name	Age Team	Finals	Age-Grading	Points
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Results - Women 75-79

1 Harada, Mary	76 Liberty Athl	34:30.04	20:24.02	72.56%
2 Hyer, Edna	77 Checkers AC	43:13.71	25:05.39	58.99%